

THE WATER SHED

retreats



a transformative sanctuary...

Whether you seek relaxation, inspiration or something else, The Water Shed's award-winning biophilic design awakens your senses and provides an energising backdrop for self-development.

Yoga, Pilates, Fitness, Tennis, Cold Water Therapy, Mindfulness, Writing, Singing and Art are just some of the many types of retreats held in this immersive haven.

Commission a **Signature Retreat** curated and led by The Water Shed team, or hire the space to run your own. Overnight packages are also available.

THE WATER SHED

retreats



IO PHOTOGRAPHY

a gathering place

Whether your guests traverse the stunning botanicals next to the crystal clear waters of the natural swimming pond, or dine together in the light-filled atrium, this enchanting space is for making meaningful connections.

Nina and Daniel Rowland - Co-Creators and Owners of The Water Shed - can warmly welcome everyone on arrival and host with The Water Shed Team for the duration. *

They can be on hand to offer guided tours, and give talks on the wonders of biophilic design - the principles on which they created their home, as well as cold water immersion therapy - plus their journey on Channel 4's Grand Designs and beyond.

**Additional cost applies to have Nina and / Dan present*



CREATORS OF THE WATER SHED
DAN & NINA ROWLAND

GRAND
DESIGNS

4

Condé Nast
Traveler

THE TIMES

ELLE
DECORATION

COUNTRY HOMES
& INTERIORS

Evening
Standard

The
Telegraph

Livingetc

coast

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HESTER BARNES PHOTOGRAPHY

our signature retreat

TIMINGS	ACTIVITY
9:30 - 9:50	Arrive, herbal tea
9:50 - 10:10	Talk about biophilic design by Nina
10:20 - 11:30	Power yoga session
11:30 - 11:35	Talk about cold water immersion and heat therapy by Nina
11:35 - 12:00	Snack and health shot, get changed for swimming
12:00 - 12:05	Cold water exercises
12:00 - 13:00	Free time: swim, spa, hot tub
13:00 - 14:00	Lunch
14:30 - 15:30	Afternoon yoga
15:30 - 16:00	Snack and shot
16:00 - 16:30	Cacao ceremony
16:30 - 17:30	Sound bath then closing circle
17:30 - 17:45	Guests final chat and prepare to leave



*This schedule is to give you a rough idea of our Signature Retreat and can be amended to suit your requirements, and those of the attendee's preferences on the day
We also offer a business / corporate retreat with specialist talks*

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"I'm in some sort of aquatic Eden, it's joyful, this is completely magical"

KEVIN McCLOUD



HESTER BARNES PHOTOGRAPHY



HESTER BARNES PHOTOGRAPHY

"The Water Shed is truly exceptional. It embodies the essence of spiritual wellness and personal transformation"

MELINDA PALOMINO
FOUNDER OF LA SENDA

THE WATER SHED

retreats

as featured...

Featured on Grand Designs,

The Water Shed was lauded by The Sunday Times as “the best property in the show’s history” and has had huge attention from across the globe.

Condé Nast have given it the very top slot in their favourite houses to stay at in the UK. The architecture and interiors “ooze cool in every direction”.



**GRAND
DESIGNS**



Condé Nast
Traveler


THE TIMES



**COUNTRY HOMES
& INTERIORS**

**ELLE
DECORATION**

Livingetc

MODERN RUSTIC

coast

**Evening
Standard**

**The
Telegraph**

HELLO!

**YOU
MAGAZINE**

METRO

THE WATER SHED

retreats

booked by...

Internationally renowned brands

We feel so grateful to have had some wonderful global brands book The Water Shed.

Whether it is for their team retreat day; to create content for their latest product range, or to put on an inspiring wellness event for their team / or the public, we've absolutely loved collaborating with each and every one of them.

Sometimes we offer our Signature Retreat to their team, sometimes they create their own.



LASENDA

Apple



AVON

JOE WICKS
THE BODYCOACH



dyson

THE WHITE COMPANY
LONDON

SALCOMBE
GIN

ROSIE
HUNTINGTON
WHITELEY

LASENDA

MOLTON
BROWN
LONDON

KAREN MILLEN

MINT VELVET

HEAL'S



NET-A-PORTER

THE WATER SHED

weddings



HELEN CAWTE PHOTOGRAPHY

Stay

BEDROOMS

Five bedrooms, sleeping ten total:

MASTER BEDROOM

(first floor, king size bed and en-suite bath and shower)

LOFT SUITE

(third floor, double bed and double pull-out sofa bed, small ensuite toilet)

DOUBLE BEDROOM

(first floor, double bed and bathroom with bath and shower)

TWIN DOUBLE BEDROOM

(first floor, with two small double beds - each one is 4ft x 6ft 3in / 120cm x 190cm, en-suite shower room)

SUPER KING / TWIN BEDROOM

(first floor, made up with a super king bed. Twin beds possible if requested, ensuite shower room)

BATHROOMS

6 in total: 2 bathrooms, 3 shower rooms, 1 separate toilet

COMMUNIAL ROOMS

Kitchen, living room, snug, playroom, atrium dining area.

FEATURES

Natural swimming pond, hot tub, sauna cabin, club sized tennis court, large sunken trampoline, triple swing, outdoor dining aread, large 1.4 acre garden, large private driveway for 10-15 cars, fibre broadband

EXTRAS

Private chef, private yoga retreat, masseuse, kayaking, sailing, tennis coaching, cooking workshops, pilates and sound baths

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nutritious food

The Water Shed has a well-equipped kitchen if you would like to provide your own food for your retreat.

Alternatively, you are able to use our signature chef, Ben Hammett, subject to availability. Ben has worked all over the world and was Head Chef at The Goodwood Estate's award-winning sustainable restaurant 'Farmer, Butcher, Chef'.

With a vast repertoire of dishes, he creates menus to suit any retreat, from Ottolenghi style warm salad buffets, snacks and health shots (at £35/head); up to exquisite fine dining (POA).



THE WATER SHED

weddings



your private sanctuary

Slide open the kitchen doors and dive straight into the crystal clear natural swimming pond, then soak in the steaming hot tub.

How about a game of tennis on the club-sized court, or a relax in the beautiful sauna cabin floating over the pond...

You're fully immersed in nature, wherever you choose to be at The Water Shed.

THE WATER SHED

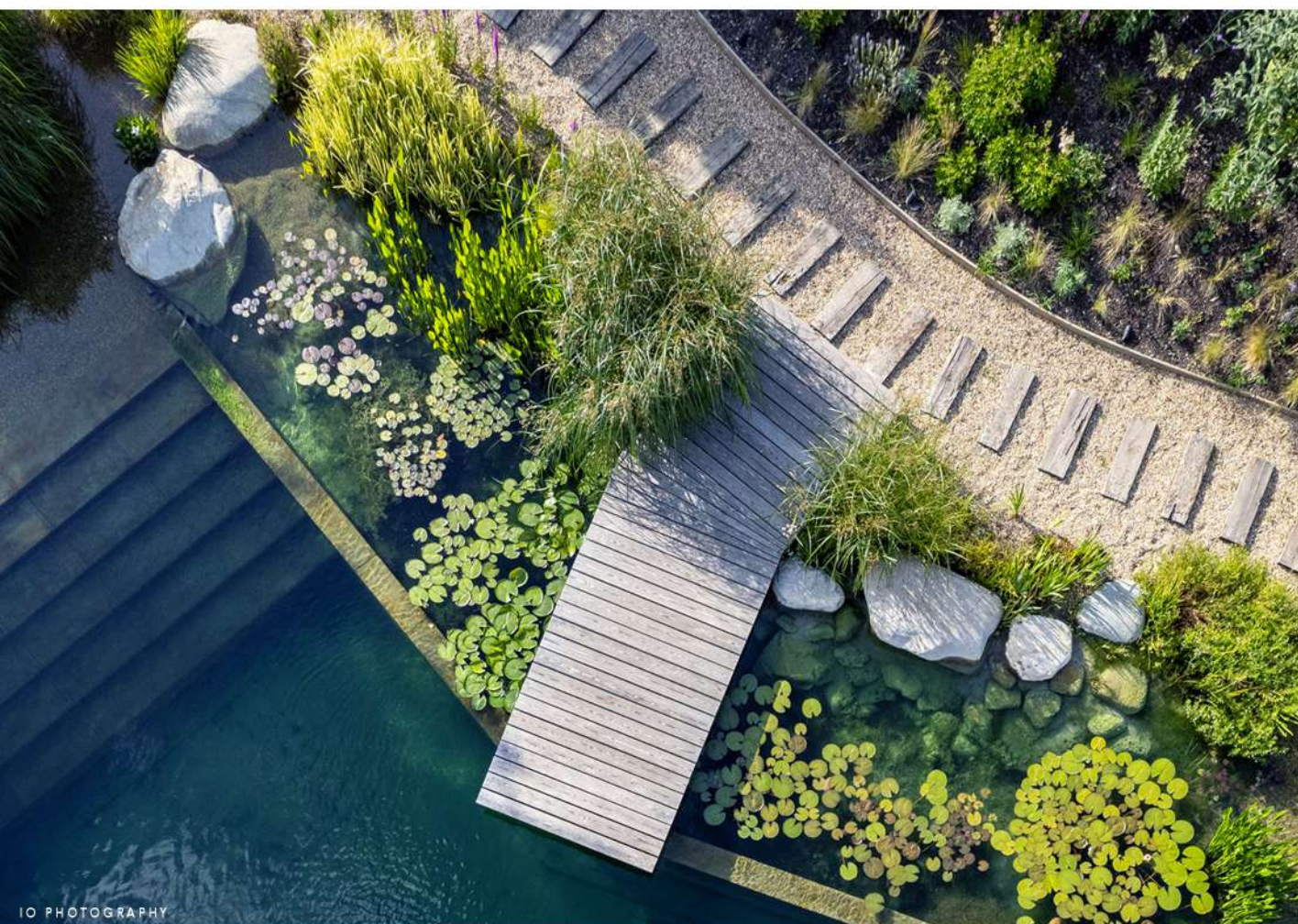
retreats

Venue pricing

SEASON	MONTH	DAY HIRE	OVERNIGHT STAY
Peak	March until end Sept	£1,200	£1,530
Off-Peak	October until end Feb	£1,000	£1,170

- Overnight Stay prices are on top of the Day Hire fees
- Pricing is for venue only: catering etc, as well as talks by Nina and Dan are additional
- Pricing is excluding VAT

- Day hire based on a 9 hour day, 9-6pm up to 20 people
- Additional numbers possible at extra charge
- Overnight stay maximum number of guests is 10
- A list of additional local accommodation can also be provided



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equipment hire

ITEM	DESCRIPTION	SIZE	QUANTITY	HIRE PRICE (ex VAT)
Yoga mats	Eco Yoga Mat, colourfree, made in the UK Sustainable plant-based materials 100% natural rubber (contains latex) and jute Biodegradable, excellent grip / non-slip	4mm thick 183cm x 63.5cm	27	£5.00
Cork blocks	Made from cork, a renewable and recyclable resource, non-slip textured surface	23 x 12 x 7.5 cm	32	£2.00
Eye pillows	Savasana relaxing lavender-scented eye pillows, with natural jute linen, unbranded	11 x 24 cm	28	£3.00
Blankets	Geometric tufted blanket, ultra-soft cream fleece	150 x 200 cm	21	£3.00
Large hot water urn	Electrical 20 litre catering hot water boiler urn for tea or coffee in stainless steel	36 x 35 x 55 cm	1	£5.00
Water dispenser	Smith's Mason Jars 5 litre water dispenser and stand with stainless steel spigot tap	13 x 31 cm	1	£3.50
Hot tub	Beautiful outdoor hot-tub for up 6 - 8 adults, overlooking pond and gardens	180 cm diameter	1	£150.00

Hire costs are quoted per unit and are exclusive of VAT

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the area

Set in a secluded spot in the stunning village of Bosham in Chichester, surrounded by peaceful fields... and just five minute's walk to the sea, where you'll find miles of untouched coastline.

Up the road is the award-winning West Wittering beach, with its golden sands and expansive sand dunes.

Just up the road from The Water Shed are the rolling hills of the South Downs National Park. Perfect for walks.. or foraging and forest-bathing in the ancient woodland of Kingley Vale.

TRAVEL

Parking for 15 cars in the private driveway
1.5 hours drive or direct train from London

Gatwick Airport
Southampton Airport

70 MINS
50 MINS



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get in touch

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